

POLE DANCE STUDIO – CLASSES
Winter / Spring 2012 SCHEDULE (page 1 of 2)

Updated Jan 30th, 2011

- Studio doors open EXACTLY at Practice Session start times and 10 mins prior to Class/Workshop start times.
- Bring your own water and small towel. Or water bottle for sale \$2.
- Wear yoga-type pants or shorts. Barefoot or ballet shoes (if you have them).
- All Programs are 6 weeks long; All Classes are 1 hour in duration.
- Please review **Missed Class Policy** on the Pole Dance Studio website for details.



Pole Dance 1 (Beginner) (Level 1) \$129 Sale!

(Reg. \$169)

WINTER (1.0 hour each class)

Set A – Jan 10, 17, 24, 31, Feb 7, & 14 at 8:00pm (Tue)
 Set B – Jan 11, 18, 25, Feb 1, 8, & 15 at 7:00pm (Wed)
 Set C – Jan 12, 19, 26, Feb 2, 9, & 16 at 6:00pm (Thu)
 Set C2 – Jan 26, Feb 2, 9, & 16 at 7:00pm (Thu)*
 *Express Program: 4 classes @ 1.5hrs (total 6hrs)
 Set D – Feb 21, 28, Mar 6, 13, 20, & 27 at 8:00pm (Tue)
 Set E – Feb 22, 29, Mar 7, 14, 21, & 28 at 7:00pm (Wed)
 Set F – Feb 23, Mar 1, 8, 15, 22, & 29 at 6:00pm (Thu)

SPRING (1.0 hour each class)

TBD

Pole Dance 2 (Level 2) \$129 Sale!

(Reg. \$169)

WINTER (1.0 hour each class)

Set A – Jan 10, 17, 24, 31, Feb 7, & 14 at 7:00pm (Tue)
 Set A2 – Jan 12, 19, 26, Feb 2, 9, & 16 at 7:00pm (Thu)
 Set B – Feb 23, Mar 1, 8, 15, 22, & 29 at 7:00pm (Thu)

SPRING (1.0 hour each class)

TBD

Pole Dance 3 (Level 3) \$129 Sale!

(Reg. \$169)

WINTER (1.0 hour each class)

Set A – Jan 8, 15, 22, 29, Feb 5, & 12 at 12:00pm (Sun)
 Set C – Feb 21, 28, Mar 6, 13, 20, & 27 at 7:00pm (Tue)

SPRING (1.0 hour each class)

TBD

Pole Dance 4 (Level 4)

(Reg. \$169)

WINTER (1.0 hour each class)

Set A – Jan 8, 15, 22, 29, Feb 5, & 12 at 11:00am (Sun)

SPRING (1.0 hour each class)

TBD

Pole Dance 5 (Level 5)

(Reg. \$169)

WINTER (1.0 hour each class)

TBD

SPRING (1.0 hour each class)

TBD

Advanced Pole Dancing (Levels 5-7 combined)

(Reg. \$169)

WINTER (1.0 hour each class)

TBD

SPRING (1.0 hour each class)

TBD

F.I.T. & Flexibility 1 (Level 1)

(Reg. \$169)

WINTER (1.0 hour each class)

TBD

SPRING (1.0 hour each class)

TBD

Chair Dance 1 (Level 1)

(Reg. \$169)

WINTER (1.0 hour each class)

TBD

SPRING (1.0 hour each class)

TBD

Class Registration and General Inquires: Tatiana: 604-765-5034, Sharon: 604-762-8606
 Email: tatiana@poledancestudio.com Web: www.poledancestudio.com Main Studio: 604-570-0017
 Address: 1026 Davie St., Suite #400, Vancouver, B.C. V6E-1M3 (near corner of Burrard St.)

POLE DANCE STUDIO – WORKSHOPS
Winter / Spring 2012 SCHEDULE (page 2 of 2)

Updated Jan 30th, 2011

- Studio doors open 10 mins prior to Class/Workshop start times, and EXACTLY at Practice Session start times.
- Bring your own water and small towel. Water bottle for sale \$2.
- Wear yoga-type pants or shorts. Barefoot or ballet shoes (if you have them).
- Workshops are either 1 hour or 1.5 hour duration unless otherwise specified.
- Please review Missed Class Policy on the Pole Dance Studio website for details.



Curious About Pole Dancing (1-hour) \$30 Introductory class to pole dancing			
WINTER		SPRING	
Jan 20 at 6:00pm (Fri)	Feb 24 at 6:00pm (Fri)	Apr 20 at 6:00pm (Fri)	May 25 at 6:00pm (Fri)
Jan 27 at 6:00pm (Fri)	Mar 23 at 6:00pm (Fri)	Apr 27 at 6:00pm (Fri)	Jun 22 at 6:00pm (Fri)
Feb 17 at 6:00pm (Fri)	Mar 30 at 6:00pm (Fri)	May 18 at 6:00pm (Fri)	Jun 29 at 6:00pm (Fri)

Curious About Chair Dancing (1-hour) \$30 Introductory class to Pole Dance Studio's signature "Chair Dancing" choreography	
WINTER TBD	SPRING TBD

Curious About the Studio (2-day intro) \$49 -Sale! Day 1: Curious About Pole Dancing; Day 2: Curious About Chair Dancing	
WINTER TBD	SPRING TBD

Heels 'N Boots (1.0-hour workshop) Pole Dancing workshop with stilettos, high heels, bustiers and/or sexy outfits	
WINTER TBD	SPRING TBD

Sensual Movement (1.5-hour workshop) \$49 (Lap Dancing & Striptease A) Basic movement and technique for exotic dancing	
WINTER Jan 20 at 7:00pm (Fri) Feb 17 at 7:00pm (Fri) Mar 23 at 7:00pm (Fri)	SPRING Apr 20 at 7:00pm (Fri) May 18 at 7:00pm (Fri) Jun 22 at 7:00pm (Fri)

Sensual Striptease (1.5-hour workshop) \$49 (Lap Dancing & Striptease B) Lap Dancing, Chair Dancing, Burlesque, and Striptease	
WINTER Jan 27 at 7:00pm (Fri) Feb 24 at 7:00pm (Fri) Mar 30 at 7:00pm (Fri)	SPRING Apr 27 at 7:00pm (Fri) May 25 at 7:00pm (Fri) Jun 29 at 7:00pm (Fri)

Sensual Movement & Striptease (2-day workshop) \$89 -Sale! Day 1: Sensual Movement workshop; Day 2: Sensual Striptease workshop	
WINTER Jan 20 & 27 at 7:00pm (Fri) Feb 17 & 24 at 7:00pm (Fri) Mar 23 & 30 at 7:00pm (Fri)	SPRING Apr 20 & 27 at 7:00pm (Fri) May 18 & 25 at 7:00pm (Fri) Jun 22 & 29 at 7:00pm (Fri)

Master Certification (Instructor Training) (12-hour, 3-day workshop) \$1295 Pole Dancing, Chair Dancing, Sensual Dance & Striptease, Instructor Theory and Practicum	
SPRING Mar 16, 17, & 18, 2012 from 1:45pm to 5:45pm (Fri, Sat, Sun)	FALL

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